

Packing list for the boat trip

Documents & finance

Skipper: sailing license / SRC radio license

Charter documents

Valid passport or ID card, driving license

Flight or train tickets

Visa and vaccination if necessary

Debit card; credit card; cash (respective foreign currency)

Clothing

<u>Please use a duffle bag or backpack instead of hard-shell suitcases, because of limited space on board!</u>

Several swim shorts / bikinis; several shorts / dresses; several t-shirts; underwear.

No matter how warm it is: 1x long pants; 1x warm sweater; 1x warm hat + scarf; 1x windproof jacket, socks

Shoes: 1x flip flops; 1x sandals; 1 x sneakers; swimming shoes if you like

Additional sailing clothing in case of bad weather or lower temperatures

Waterproof: sailing jacket; sailing trousers; sailing gloves; boat shoes

Cosmetics

Fresh water is very limited on board, so you only need the most necessary cosmetic products: toothbrush + toothpaste; shower gel / shampoo; face and body cream; deodorant, hairbrush; women's hygiene products

Important to take with you!

Sunscreen; sun hat / cap; sunglasses

Mobile phone; camera; USB charging cable + 12V car USB adapter

Headlamp / flashlight; Insect repellent; ear plugs





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First aid kit

Medicines for gastrointestinal diseases and diarrhea
Pain reliever and fever medication (acetaminophen, ibuprofen)
Lozenges for sore throat
Antiseptic ear and eye drops
Disinfectant spray; waterproof plasters; antibiotic ointment

There are effective medicines for sailing sickness: ask at the pharmacy We recommend just ginger + lemon (to eat or drink as tea)

Don't forget your prescribed medication!

Entertainment and sport (especially for children)

Table games / playing cards; books and magazines; flippers / diving goggles; music box

Shopping List - main food provisions

We recommend you to do a proper shopping at the first base, it may be very limited on the way.

Drinking water!!! At least 1 x 1.5 L bottle per person / day

Durable products in stock: pasta + tomato cans; rice; canned fish / meat; Honey / sweets / cookies; coffee / tea; sugar, salt, pepper; cooking oil; bread

Detergent, soap, garbage bags, sponge, toilet paper

There is a fridge and all cooking facilities on board, as well as kitchenware. Think carefully about what you really need. Be economical - vegetables and fruits get spoiled relatively quickly on board.

